

- Dining Venues
- BDR Bay Dining Room
 - BOG Back of Grill
 - OTG Oak Tree Grill
 - SC Sandhill Cranes
 - SHV Sandhill Veranda
 - SP The Scoop
 - TTL Tree Top Lounge
 - Lester R. Barker Center
 - AUD Auditorium
 - BC Barker Center
 - BCD Barker Center Deck
 - BR Board Room
 - CL Card Lounge
 - MR Music Room
 - PP Ping Pong Room
- Other Venues
- BIL Billiards Room
 - CH Chapel
 - CD Communications Desk
 - CAR Creative Arts Room
 - FC Fitness Center
 - GP Gathering Place
 - GS Corner Gift Shop
 - LFV Lake Fountain Vista
 - MO Majestic Oaks
 - MRL Main Reception Lobby
 - OP Oak Park
 - OVS Oak View Suites
 - PC Potpourri Corner
 - GP Gathering Place
 - TS The Studio
 - MC Main Reception Clinic
- Outside Venues
- CB Central Bark Dog Park
 - PAV Pavilion
 - SS Sportsplex
 - Jerry Jaques Clubhouse
 - BL Bistro Lounge
 - MPR Multi-Purpose Room
 - PB Pickleball Courts
 - PD Pool Deck
 - PS Pro Shop
 - JJCR Clubhouse Conference Room
 - CFC Clubhouse Fitness Center
 - CYS Clubhouse Yoga Studio
 - JJC Clubhouse
 - JJP Clubhouse Pool
 - JJR JJ's Restaurant

Portal Help: X1202
Email: JKVhelp1@gmail.com

JKV Portal:
 www.community.cubigo.com

IMPORTANT PHONE NUMBERS
 386-775-3840

Intra-Village
 Transportation X5000
 Security X8014 (or 0 after 5 p.m., weekends & holidays)
 Resident Services X1202

MARKETING DEPARTMENT
 701 Monastery Rd
 Orange City, FL 32763

386-775-0788
 info@johnknox.com
 www.johnknox.com • Facebook.com/JKVCF
 Candace DeGiovine,
 Resident Services &
 Event Coordinator
 386-775-3840 X1203

All content submitted for any John Knox Village publication including, but not limited to *Village Life*, *Village Weekly*, and Knox TV are subject to editing for grammar, spelling, punctuation, length, content, and style by the publication's editor. If major corrections to content and style are made, the article will be returned to the author for approval. Corrections made to length, grammar, spelling, and punctuation will not be returned for approval by the author.

Knox-TV - Sentric Channel 5:

All LIVE programs such as Chat with Joe and Coffee With will replay on the following Friday, Monday, and Wednesday at 3 p.m. after its original air date.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 a.m.		Exercise Video	Exercise Video	Exercise Video	Exercise Video	Exercise Video	Exercise Video
11 a.m.		Balance & Stretch	Tai Chi	Balance & Stretch	Tai Chi	Balance & Stretch	
1 p.m.			Fitness Dancing		Fitness Dancing		
2 p.m.		Sr. Fitness with Talina	Sr. Fitness with Talina	Sr. Fitness with Talina	Sr. Fitness with Talina	Sr. Fitness with Talina	
6:45 p.m.	Vespers (L)						

JKV Fitness - Happy 14th Anniversary Senior Fitness classes!!

Did you know that making just a small portion of your daily movement vigorous, the kind that gets your heart pumping and leaves you slightly out of breath, can dramatically lower your long-term health risks? A recent study found that people whose activity included even a modest amount of vigorous effort had dramatically better health outcomes than those who did nothing or only walked at a slow pace. Maybe your goal is to start with just 30 minutes a day, a fitness class, a swim, or time on the equipment. Call Talina at X1250 to help you get started.

Coming up in May:

- 2nd Annual Triathlon, Friday, May 8, 9 a.m. Clubhouse Fitness Center - **No Classes** Walkers, bikers, and swimmers; your presence is needed and appreciated! We are awarding four prizes: Best Team Time, Fastest Walker, Fastest Biker, and Fastest Swimmer. You do not have to be part of a team to participate, and we need you to make this event a success! We are also looking for volunteers to track and record times for prize awards at the end. Snacks and refreshments will follow immediately after the triathlon. This year we have a mystery Employee Team. We won't reveal who's on it. You'll have to show up, cheer your JKV family on, and find out who takes first place!
- Hula Hoop Fitness, Tuesdays at 1 p.m. Only 10 spots available, watch Cubigo for sign up!
- DrumFit, Moving back to Wednesdays at 9 a.m.
- Aqua Fit, Thursdays at 1 p.m. still have few openings. Come give it a try.

Support Groups

Grief Support
 Tuesday, May 12, 1 p.m. BR

Caregiver Support
 Tuesday, May 19, 2 p.m. BDR

Chronic Pain & Fatigue Support
 Tuesday, May 26, 1 p.m. BR

Memory Impairment Support
 Tuesday, May 26, 2 p.m. BR

Parkinson's Support
 Tuesday, June 2, 2 p.m. BR

Diabetes Support
 Thursday, July 23, 2 p.m. LFV

Visually Impaired Support
 Monday, July 27, 1 p.m. BR

For inquiries on the Support Groups contact: Sarah Tracey, Wellness Liaison X2707

If you have to cancel any performances or any purchased events after the deadline date, please contact Resident Services at X1202. Tickets are ordered on the deadline date and are non-refundable. You will be charged for the ticket on or within two business days of the deadline date. Bus charges will only be charged after the event. You are responsible for your ticket unless a wait list resident agrees to take the ticket. Ticket prices are subject to change. If you are not at the Barker Center prior to the departure time (recommended 10 minutes prior), the bus will not wait. The Resident Services department will send an email or make a phone call reminder approximately 24-48 business hours prior to the event. All ticket prices include transportation. Special request or accommodations need to be included upon sign up.

Stained Glass Drawing

Enter your name for a chance to win this one of a kind stained glass piece, "The Dove." One entry per person. Entry forms will be available until Saturday, May 16, at the Barker Center Front Desk.

Fitness Survey

The Fitness Survey is now available on Cubigo under the News section. Paper copies are also available at the Resident Services Desk and may be returned to Resident Services.

Please complete the survey by Friday, May 8.

For the month of May, the Spiritual Life Library will feature books by authors who have been awarded at least four of the Christy Awards given for Christian novels of excellence, creativity, and imagination.

Saturday 1 p.m. Movie Matinees

May 9 - Freaky Friday
May 16 - Just go With It

Village Weekly

May 3 - 9, 2026



John Knox Village
 of Central Florida

William Cintron Entertainment

Monday, May 4, 7 p.m. AUD FREE
 William Cintron is a Tribute Artist/Entertainer/Lead Vocalist to his Tributes to The Bee Gees, and Frankie Valli & Four Seasons. William has a six piece band called: "Bee Gees - The Tribute", and Frankie Valli as "Sounds Of The Four Seasons", and Motown/RnB as "Willie Cintron's Love Train". They perform throughout the State of Florida at Theaters, Country Clubs, Weddings, Private Events, and Corporate Events.

New York Rockabilly Rockets Entertainment

Tuesday, May 5, 7 p.m. AUD \$10
 Quite possibly the best '50s & '60s music you will experience on one stage. The NY Rockets have exploded into the East Coast music scene as the premier rockabilly, '50s & '60s show band. They have been blowing audiences away with their unique twist on the roots of rock and roll, rockabilly, swing, blues, country, and surf rock music.

After Hours Transportation

We now have a driver available on Tuesdays, Wednesdays, and Fridays from 5-8 p.m. If you would like transportation on any of the above days, please call X5000.

LILI'S DID YOU KNOW?

May brings awareness to Mental Health, Physical Fitness, Older Americans, and Hearing & Speech. Staying active, connected and engaged supports independence, communication and overall wellness.

What's Happening This Week?

- Sunday, May 3**
- 11 a.m. - 12:30 p.m. JJC Patsy Pond Sunday Piano Playing (3rd)
 - 4 p.m. PB Pickleball
 - 6:30 p.m. BUS *Mariachi Cobre* presented at Emmaus Lutheran Church in Orange City \$3
 - 6:45 p.m. AUD Vespers
 Speaker: Mark Winkler
 Music: Vespers Choir, Reggie May, Bonnie Biedermann, Kathy Hinckley

- Monday, May 4**
- 8 a.m. TC JKV Tennis - All levels are welcome!
 - 8:30 a.m. SS Shuffleboard
 - 9:30 a.m. AUD Beginner Line Dancing
 - 10 a.m. - 11:30 a.m. AUD Line Dancing
 - 10:30 a.m. - 12 p.m. PC Spiritual Deepening
 - 11:30 a.m. BDR Let's Get Together Table
 - 1 p.m. CL Duplicate Bridge
 - 2 p.m. TS Gary Sisco's Fine Arts Oil Painting - beginners to advanced. Individualized instruction \$10 (quarterly)
 - 2:30 p.m. CYS Move to Motion with Mike Marks
 - 3 p.m. AUD Ice Cream Social **CANCELED**
 - 7 p.m. AUD William Cintron Entertainment **FREE**

- Tuesday, May 5**
- 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 9 a.m. BIL Men's Billiards
 - 9 a.m. CYS Tai Chi
 - 11 a.m. CH Episcopal Communion
 - 1 p.m. CH Learn to Meditate with Melissa Simpson (1st & 3rd)
 - 1 p.m. CFC Circuit Training
 - 1 p.m. OVS Time-Out Tuesday \$20
 - 1:30 p.m. CL Open Door Bible Study (1st & 3rd)
 - 2 p.m. TS Tuesdays at Two with Shelley McGarry
 - 4 p.m. TTL Trivia
 - 5 p.m. PD Cinco De Mayo Celebration \$18
 - 7 p.m. AUD New York Rockabilly Rockets \$10

- Wednesday, May 6**
- 8-9 a.m. CH Weekly Prayer Time
 - 9 a.m. - 4 p.m. MC Hearing Aid Specialist - X2710 - By appointment

- Wednesday, May 6 - CONTINUED**
- 9:30 a.m. TS Card Making with Liz \$3 (cash - paid to instructor)
 - 9:45 a.m. AUD Butterfly Lady - Butterflies **FREE**
 - 10 a.m. PP Ladies' Ping Pong
 - 11:45 a.m. MPR Ladies Luncheon \$16.95
 - 1 p.m. AUD Bible Study
 - 1 p.m. CL Hand, Knee, & Foot - New players welcome
 - 3 p.m. TS Quilters Group (2nd & 4th)
 - 3 p.m. AUD Vespers Choir Practice
 - 4 p.m. PB Pickleball
 - 4:30 p.m. TTL Music with Joel
 - 7 p.m. AUD BINGO Night

- Thursday, May 7**
- 8 a.m. PB Pickleball
 - 8:30 a.m. PP Men's Ping-Pong
 - 9 a.m. BIL Ladies' Billiards
 - 9 a.m. CYS Tai Chi
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 9 a.m. TS Knitters and Stitchers Support Group
 - 1 p.m. JJP Aqua Fit
 - 1 p.m. CL Mah Jongg
 - 2:30 p.m. CFC Move to Motion
 - 4:30 p.m. TTL Phyllis Dale and Friends

- Friday, May 8**
 Last Day to complete the Fitness Survey - Located on Cubigo under the News Section. Paper copies are also available at the Resident Services Desk and may be returned to Resident Services.
- 8 a.m. TC JKV Tennis - All levels are welcome!
 - 8:30 a.m. SS Shuffleboard
 - 9:30 a.m. CL Samba
 - 9:30 a.m. BUS Parks and Lunch Visiting Lake Colby Park in Cassadaga and lunch at Sinatra's \$5
 - 10 a.m. SS Croquet
 - 1 p.m. CL Cribbage - New players welcome

- Saturday, May 9**
- 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 11 a.m. CH Catholic Holy Rosary
 - 1 p.m. AUD Saturday Movie Matinee - *Freaky Friday*
 - 4:30 p.m. TTL Phyllis Dale and Friends

Events & Activities

Please note: You will be charged for the in-house cost of activities if you cancel anytime after 12 p.m. the day before the event. Registration for new events opens the following Monday after distribution at 9 a.m. on Cubigo.

Poetry & Prose

Monday, May 11, 12:30 p.m. L F V

Mother's Day Tea Party

Monday, May 11, 2 p.m. JJ's \$12

Menu will include tea sandwiches, scones and bread, sweet treats, and light and fresh items.

An Evening of Celebration

Tuesday, May 12, 4:30 p.m. MPR \$21.95

Menu can be found on the back of the *Weekly Menu*. If you have a group that you'd like to sit with, contact Resident Services at residentservices@johnknox.com after signing up on Cubigo.

Gilly and the Girl Entertainment

Tuesday, May 12, 7 p.m. AUD \$5

This show features Mike & Charity Gill, better known as Gilly & the Girl. These two perform regularly on cruise ships, tour communities across the country, and have fans all over the world thanks to a large online following. Their shows celebrate the music so many of us grew up with, featuring timeless songs by artists like the Eagles, James Taylor, Carole King, and many others. It's all about familiar melodies, great lyrics, and songs that still feel just as good today as they did the first time you heard them.

Nature Walkers

Wednesday, May 13, 9:30 a.m. BUS \$5

Step out into nature with the Nature Walkers group. This month the group will head to Gemini Springs in DeBary and end with lunch at Pepe's Cantina also in DeBary.

Florida Sheriffs Youth Ranches Presentation by Butch Faulkner, Director - Sponsored by FLICRA

Wednesday, May 13, 10 a.m. AUD

The motto of the ranches -- "Mending Lives, Healing Hearts" and their mission is to prevent delinquency and develop lawful, resilient, and productive citizens.

Digital Drop-In with JKV IT

Thursday, May 14, 2 p.m. MPR

Need help with your tablet, phone, or other electronics? Our JKV IT is here to help.

Hippies of the Heartland

Thursday, May 14, 3 p.m. AUD FREE

Hippies Of The Heartland is an acoustic duo featuring the grooviest '60s and '70s tunes with the right vibe for every tribe. The show is ever evolving and the musicians are sensationally seasoned for any entertainment situation.

Crafting Connections: Where Creativity Brings Us Together and Brightens The Day

Friday, May 15, 10 a.m. TS

Crafting offers a calming, hands-on way to reduce stress, improve mood, and gently focus the mind, making it a powerful tool for emotional well-being. It also creates opportunities for connection and purpose. Please join us to create unique, handcrafted postcards as well as other artistic creations in The Studio.

National Chocolate Chip Day

Friday, May 15, 11 a.m. - 4 p.m. BC

Stop by the Barker Center for a tasty chocolate chip cookie!

Flower Arranging

Friday, May 15, 2 p.m. TS \$8 TIME CHANGE

This activity is approximately 30-45 minutes. Please bring your own vase.

May Showers Pet Social

Saturday, May 16, 11 a.m. PAV \$12

April showers bring May flowers—and adorable pets! Join us for a delightful May Showers Pet Social where residents and their furry friends are invited to celebrate the season together. Bring your pet dressed in their cutest rain gear or spring attire and enjoy time filled with treats, light refreshments, and plenty of tail-wagging fun.

LILI - Honoring Memorial Day

Monday, May 18, 2 p.m. AUD

Join us for a meaningful program featuring JKV residents sharing brief reflections on what Memorial Day means to them, as we honor those who served and sacrificed

Men's Lunch Bunch

Tuesday, May 19, 11:30 a.m. PD \$16

Menu is available on the back of the *Weekly Menu*.

Stone Lotus Entertainment

Tuesday, May 19, 7 p.m. AUD FREE

Chat with Joe

Wednesday, May 20, 9:30 a.m. AUD

Chef's Table

Wednesday, May 20, 4:30 p.m. JJ's \$50

Menu can be found on the back of the *Weekly Menu*.

AdventHealth Presentation - Women's Health

Thursday, May 21, 2 p.m. AUD

Rick Kissinger Entertainment

Friday, May 22, 7 p.m. AUD \$10

Memorial Day Program

Monday, May 25, 11 a.m. AUD FREE

This Memorial Day program will have Chaplain Ray Bertrand providing a prayer and speech, music from the Village Notables and the Village Voices.

Memorial Day BBQ Luncheon

Monday, May 25, 2 p.m. MPR \$18.95

Serenade Events Entertainment

Monday, May 25, 7 p.m. AUD FREE

ChatGPT Workshop with Jim Goldschnieder

Tuesday, May 26, 1 p.m. JJCR

Discover how to use ChatGPT to simplify everyday tasks in this engaging, no-device required class. Learn how to ask better questions, plan trips, write letters, organize information, and even create images—all through simple, practical demonstrations. This class is designed for beginners and curious users alike, with clear explanations and interactive examples. Need to use email and texting. Whether you want to save time, get organized, or explore new possibilities, this session will give you the tools to get started with confidence. Join us and see how ChatGPT can become your personal assistant for everyday projects.

Wine Tasting

Tuesday, May 26, 4 p.m. MPR \$10

Classic Jamz Entertainment

Tuesday, May 26, 7 p.m. AUD FREE

Coffee With - Mark Otto, VP of Facilities

Wednesday, May 27, 9:30 a.m. AUD

Chef's Cook-Off

Wednesday, May 27, 4:30 p.m. MPR \$16

Menu can be found on the back of the *Weekly Menu*.

Daytona Tortugas Baseball Game

Wednesday, May 27, 5:30 p.m. BUS \$28

Watch the Daytona Tortugas take on the Tampa Tarpons. BELLY BUSTER Wednesday! Join the Tortugas for the best deal in town! All you can eat hot dogs, hamburgers, Little Caesars pizza and popcorn! PLUS a ticket to the game starting at ONLY \$23!

Presented By Little Caesars Pizza.

Sign up Deadline: Friday, April 24

Dr. Rachel Zipper, Clinical Psychologist

Thursday, May 28, 1 p.m. AUD

Roseborough Travel Presentation

Thursday, May 28, 3 p.m. AUD FREE

Top Tier Diners - Fugu Sushi in Ormond Beach

Thursday, May 28, 4 p.m. BUS \$5

Game Night

Thursday, May 28, 7 p.m. AUD FREE

Grab your cards or even your board games and we'll provide light snacks and refreshments. This night is intended for you to play new games, meet new neighbors, have laughs and fun.

St. Andrew's Chapel Youth Choir Performance

Friday, May 29, 7 p.m. AUD FREE

The Saint Andrew's Chapel Youth Choir is a 6th – 12th grade choral ensemble, directed by Todd and Andria Alexander, specializing in sacred music. The choir regularly sings in services at Saint Andrew's Chapel in Sanford, Florida, presents special services of choral evensong, and travels on annual music outreach tours. The Saint Andrew's Student Handbell Ensemble, directed by Abby Mejeur, and the Saint Andrew's String Ensemble, directed by Sharon Chang, are comprised of members of the Youth Choir and also perform alongside the choir.

Ripley's Believe It or Not! Museum in Orlando and Lunch at LongHorn Steakhouse

Monday, June 1, 10 a.m. BUS \$35

For a far-out experience, touch a 3,197-pound meteorite or a piece of Mars, and try out gloves to work in a vacuum like astronauts would in space! Check out the original Star Wars® Lightsaber® used by Luke Skywalker™ or watch a live rocket launch on their 16-foot-tall interactive video wall! Built upon the adventures of Robert Ripley and his travels across the globe searching for extraordinary people, unusual artifacts, and unbelievable things, Ripley's embraces the spirit of discovery.

Sign up Deadline: Friday, April 11

Steve Greer Entertainment

Monday, June 1, 7 p.m. AUD FREE

Butterfly Lady

Wednesday, June 3, 9:45 a.m. AUD FREE

Ladies Luncheon

Wednesday, June 3, 11:15 a.m. MPR \$16.95

Join us for a chance to chat, laugh, learn, and eat.

Card Making with Liz

Wednesday, June 3, 9:30 a.m. TS \$3

(cash paid to instructor)

Eyeglass Adjustments

Saturday, June 6, 8:30 a.m. CL FREE

Greg Fraser, with the Alzheimer's Association

Monday, June 8, 2 p.m. AUD

His presentation will discuss understanding Alzheimer's (what it is) and advancements/updates in clinical research that can provide hope to those who have the disease.

Morse Museum in Downtown Winter Park

Thursday, June 11, 9:30 a.m. BUS \$3

This trip will include transportation on the Florida Sunrail. The JKV bus will bring you to the DeBary Sunrail station and you will purchase a round-trip ticket at the station for approximately \$3.75 using your debit or credit card. The train will depart at approximately 10 a.m. and you will return to the Sunrail around 2 p.m. (time will be indicated on the board when exiting the train). Enjoy the afternoon visiting the museum and lunch afterwards. Tickets for the museum are \$7 (paid upon arrival). If you choose to not go to the museum, there are plenty of shops to browse. Lunch on your own.

Concerts & Theatre

Bluegrass to the Beatles

Presented at Orlando Lutheran Towers

Sunday, May 17, 1:30 p.m. BUS \$5

Winter Park Season Tickets

When you buy a season ticket, you will be committing to all six shows and will be responsible for your ticket after the deadline date. **A season ticket cost is \$210, which does not include** transportation charges. All performances are Saturday matinees with the bus leaving the Barker Center at 12:30 p.m. **Sign up Deadline for season tickets: Monday, May 11.**

Never Can Say Goodbye

Saturday, August 29, 2026

The Rat Pack Lounge

Saturday, October 3, 2026

A Christmas Survival Guide

Saturday, December 12, 2026

Now Comes The Fun Part

Saturday, February 13, 2027

All Hands On Deck!

Saturday, April 20, 2027

Sister Amnesia's Country

Western Nunsense Jamboree

Saturday, May 22, 2027

Yacht Rock Revue

Presented at Ritz Theatre in Sanford

Saturday, June 27, 7 p.m. BUS \$38.50

Registration **CLOSED** for the following shows:

Jimmy Buffet's Escape to Margaritaville

Presented at Bay Street Players in Eustis

Thursday, June 11, 6:30 p.m. BUS \$30

Sign up Deadline: Friday, April 24

All ticket pricing is subject to change